

## What's the Difference between Christianity and Buddhism?

The young Karen man hoped to find peace in the Burman religion of Buddhism. This religion taught what they called "Four Noble Truths." They are:

1. There is suffering in the world.
2. Suffering is caused by desires.
3. Suffering will cease when desires cease.
4. The "Eightfold Path" is the way to extinguish desires.



*This giant statue of Buddha in India stands eighty feet tall.*

The Eightfold Path says a person needs to have:

1. Right view. (Believe the Four Noble Truths.)
2. Right resolve. (Determine to turn away from all desires and harmful thoughts.)
3. Right speech. (Always say what is best.)
4. Right behavior. (Always do what is best.)
5. Right occupation. (Do the work that will be best for others.)
6. Right effort. (Seek to eliminate all desire within, and attain good.)
7. Right contemplation. (Observe, think, and be free of desires and sorrow.)
8. Right meditation. (Overcome and transcend all sense of pleasure and pain.)

*Look up the Scriptures to find a few ways that Buddhism differs from Christianity.*

1. Buddha said you can eliminate all suffering in your life by following the "Eightfold Path."

Jesus said (*John 6:33*) \_\_\_\_\_

2. Buddha said the Eightfold Path was the way to truth.

Jesus said (*John 14:6*) \_\_\_\_\_

3. Buddha said we should eliminate all desires.

David said (*Psalms 73:25*) \_\_\_\_\_

4. Buddha said you can eliminate suffering by your own power.

The Bible tells us that the power is in (*Phil 3:10*) \_\_\_\_\_

5. Buddha said he was not a god.

Jesus said (*John 10:30*) \_\_\_\_\_